

small steps...



# RIGHT TRACK SCOTLAND

# What is Right Track?

Right Track provides training, opportunity for self-development, employability support and practical work experience for young people, in an environment that encourages respect, builds confidence and promotes participation, progression and achievement. With locations across Scotland, we look to help young people achieve the small steps that can lead to a successful future.



# Our Young People

"Staff are kind. I had personal problems with my family and you (the staff) sat and listened and understood people's problems." Jade R



"Staff helped with my CV and my application forms, they got me a placement as well. Right Track paid for my Disclosure so that I could go to work at a painter and decorators." William

"You always get a second chance." Jade

"It's not like school, you can have a laugh and a joke when you're working and the staff help you." Kayleigh

"I've improved my maths and spelling." Willie

"Right Track has gave me a lot more positive view on things. It has also built on my confidence and motivation." Sarah



"If it wasn't for Right Track taking me through interview techniques I wouldn't have got my Modern Apprenticeship."  
Rebecca

# Our Promise to You

- We will treat young people as young adults
- We believe in the potential of each young person
- We are not judgmental
- We respect young people and expect respect in return
- We understand the needs of employers
- We understand the difficulties young people face in accessing employment for the first time
- We believe in second chances
- Young people can trust us
- We will help young people to identify clear goals
- We understand peer pressure
- We respect confidentiality
- We will continue to provide in-work support

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*Our staff are experienced and committed to giving each young person we work with the best opportunities to progress positively from our programmes...*

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# Our Programmes

Our programmes are designed to offer young people the opportunity to fulfill their full potential, despite often difficult starts in life. The next few pages outline some of our courses and what current trainees have to say.



# Dazzle

Dazzle is a two week programme designed to promote the confidence and self-esteem of young people. The project offers a range of activities all connected to health, fitness, personal presentation and self-confidence. The project is designed to help young people have the confidence to attend interviews and present themselves well, along with helping them to have belief in their own abilities.

At the end of two weeks young people take part in a full fashion show with three changes of clothing and a photo shoot, which is then developed into their own portfolio.

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*Project activities will include; dancing, healthy living activities, personal presentation, makeovers and team activities.*

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"I am more confident with people I don't know and noticed I can do anything"



# Challenge Life

The Challenge Life Project offers a two-week initial programme of “challenge-based” activities. Each day presents new challenges to young people as they undertake a different outdoor activity. During the two weeks each young person will also undertake an overnight residential, sometimes on a small island in the middle of a loch where the only access is by canoe. During this experience, they have responsibility for setting and maintaining camp-fires, building shelters and doing all their own cooking. This experience also includes night-time survival challenges and team-building activities.

## Challenge Life Activities

- Gorge-walking,
- Cliff-jumping,
- Kayaking,
- Abseiling,
- Horse-riding,
- Hill-walking,
- Mountain-biking,
- Skiing,
- Go Ape high wire course,
- Crate-jumping,
- Raft-building,
- White-water rafting,
- Paint-balling,
- 2 day residential!



# Employability Fund

The Employability Fund Stage 2 offers the opportunity to work on achieving personal development and core skill qualifications. The programme involves working on achieving personal goals and targets with support from group sessions, outdoor and community based activities, lifeskills support and one to one guidance from Right Track staff. The Employability Fund Stage 2 is the first step towards developing the skills needed for Employment.

The Employability Fund Stage 3 offers the opportunity to develop the skills required by employers and to achieve employability qualifications as well as gain references from employers by undertaking work experience placements. The Stage 3 Programme helps young people really decide what job they would like to do and how they are going to get there. Within the Stage 3 Programme, intensive job search is undertaken and access to employers is arranged on a "work trial" basis.

"Right Track has helped build my confidence and helped me get qualifications. It has also helped me to get into a

"I have just joined Right Track and it has helped me build my confidence and helped me work better in



"Right Track helped me sort my life out and will help me get a job in the future"



# Skills for the future

Skills for the Future is an alternative to school for young people who have found it difficult to attend school for a variety of reasons. Within the project, young people aged 14 -16 will work towards personal development goals and qualifications in literacy, numeracy, personal development and IT. The project also includes taking part in outdoor and community challenges.

Our alternative learning includes:

- action planning and weekly goal setting activities
- personal development support
- help with numeracy and literacy
- leisure and recreation activities designed to develop confidence and promote team building
- work experience 'tasters' with local employers
- support to develop practical vocational skills valued by employers
- practical introductions to a range of job roles
- IT digital and video projects
- community projects
- team challenges and
- arts projects

...to name just a few!

If possible we will try and support young people to return to school on a part-time or full-time basis and undertake school qualifications but if this is not possible we will work hard with young people, parents and guardians to identify future goals such as college attendance.

"I think the project is good because you learn more than at school and you're treated

# Focus

The FOCUS programme supports young people aged 16-18 years who wish to enter specific occupational areas including; childcare, garage trades, construction/landscaping, health and beauty, administration/ IT, warehousing/distribution and multi-media.

The project offers practical, activity-based introductions to each occupational area, delivered from "real" vocational environments within Right Track Training Centres. The Project also works with local employers to offer short-term occupational "tasters" to young people or longer-term work experience placements. Each FOCUS Vocational Introduction will last between 10-16 weeks and will support approximately 10-12 young people on each programme.

## ADMIN

Would you like to work in an office but don't think you have the right skills or experience? Would you like to take part in practical admin training and get the opportunity to test your skills with real employers?

- 16 week programme designed to introduce you to a range of admin roles.
- Additional training will be offered for first aid, health and safety in the workplace and manual handling
- Weekly training allowance, travel expenses and a completion bonus!

## RETAIL

- Customised programme up to 26 weeks
- Work experience will be arranged to offer practical training
- Cost of travel and lunch will be provided
- Progression to work bonus
- 6 weeks in house training

## GARAGE TRADES

- 16 week introduction
- College day release
- Work experience with local employers
- Training allowance, training expenses, progression bonus

# Work Experience

Another aim with each of our projects is to assist our young people to find work experience and placements when they feel they are ready to do so.

"Kyle is a great wee character. He is a great worker and doesn't need any supervision. He seems to have settled in well with all the staff as he has a great personality. He is a pleasure to work with".

Matt – Manager at Co-op Gorbals



"I have been dealing with Right Track for a number of years now and have had several of their participants spend time at my dog grooming salon. I have always been impressed with the professional approach and enthusiasm to get youngsters into work. **Dog Grooming – Owner, Linda Leggate**

## Ready to get involved? Contact Us!

### Central Office

Brook Street Studios  
60 Brook Street, Glasgow, G40 2QW  
Tel: 0141 556 1991  
Email: [admin@rtscot.co.uk](mailto:admin@rtscot.co.uk)

### Lanarkshire Training Centre

Unit 1, Darrows Estate  
John Brannan Way, Bellshill, ML4 3HD  
Tel: 01698 749933  
Email: [bellshill@rtscot.co.uk](mailto:bellshill@rtscot.co.uk)  
Contact Name: Irene Dickson

### Bridgeton Training Centre

Brook Street Studios  
60 Brook Street, Glasgow, G40 2AB  
Tel: 0141 551 9515  
Email: [bridgeton@rtscot.co.uk](mailto:bridgeton@rtscot.co.uk)  
Contact Name: Kay Mortimer

### Coatbridge Training Centre

Kennedy House  
Gartsherrie Road, Coatbridge, ML5 2DJ  
Tel: 01236 433315  
Email: [coatbridge@rtscot.co.uk](mailto:coatbridge@rtscot.co.uk)  
Contact Name: Bob Nelson

### Drumchapel Training Centre

195B Drumry Road East  
Drumchapel, Glasgow, G15 8NS  
Tel: 0141 944 3336  
Email: [drumchapel@rtscot.co.uk](mailto:drumchapel@rtscot.co.uk)  
Contact Name: Irene Dickson

### Edinburgh Training Centre

Ground Floor, East Suite, Playfair House  
6 Broughton Street Lane, Edinburgh, EH1 3LY  
Tel: 0131 557 8584  
Email: [edinburgh@rtscot.co.uk](mailto:edinburgh@rtscot.co.uk)  
Contact Name: Bill Murphy



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